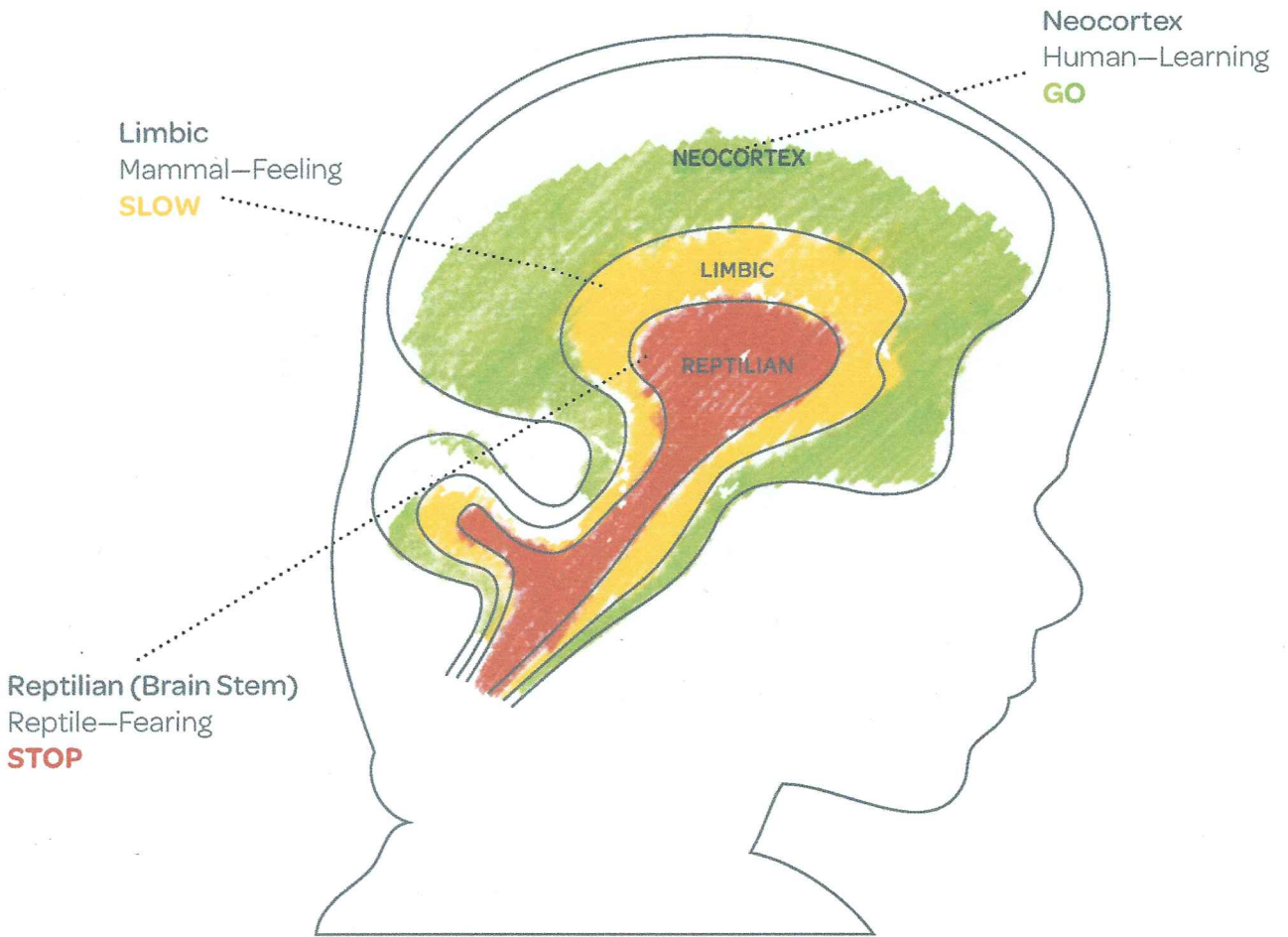




Parenting the Brain

www.carriecontey.com



BEHAVIOR IN EACH BRAIN

WHAT YOUR CHILD NEEDS IN EACH BRAIN

Human-Learning

Talking, Listening, Cooperating, Creating, Thinking, Playing, Reasoning, Loving

Human-Guide and Give the Yes's

Inform, Play the lessons, Guide, Appreciate

Mammal-Feeling

Whining, Clinging, Not listening, Resisting, Cuddly, Ordering, Speeding up, Nervous laughing, Crying, Playing baby

Mammal-Reflect and Regulate

Connect, Reflect, Zip, Play

Reptile-Fearing

Fight: Kicking, Biting, Screaming, Hitting, Spitting and Flight: Running awa, Avoiding eye contact, Shutting down

Reptile-Stop and Soothe

Calm, Connect, Comfort

STOP FORMULA Stress Up = Sense of Safety Down = Brain Down

GO FORMULA Stress Down = Sense of Safety Up = Brain Up